

the source

VERO

VOL 103

JUNE 2026

ABSOLUTELY INCREDIBLE KIDS MONTH IS HERE!

This month at Vero, we're celebrating Absolutely Incredible Kids Month because **healthy kids grow into healthy adults**. While most parents think about checkups for teeth, vision, and growth, many have never considered having their child's spine and nervous system checked too.

From tumbles and sports to backpacks and screen time, kids experience more physical stress than most people realize, and that stress can affect how their nervous system functions as they grow. At Vero, we commonly help children dealing with headaches, constipation, ear infections, sleep struggles, sensory challenges, allergies, posture issues, and more. **Pediatric adjustments** are always gentle and tailored specifically to the child's age and development.

Throughout June, we'll be celebrating our favorite little Vero patients with **goodie bags**, **fun surprises**, and our annual Cuties Under Care wall in the office. We'll also be offering **complimentary evaluations** for new pediatric patients, including nerve and muscle scans, a spinal exam, and x-ray imaging if needed.



**Stop by the Front Desk to schedule
a FREE evaluation for your child!**

CELEBRATING FATHERS THIS MONTH

Father's Day is the perfect time to recognize the dads, grandpas, and father figures who work hard, lead their families, and always seem willing to lend a hand. Whether it's coaching teams, fixing things around the house, or carrying kids on their shoulders long after their backs say otherwise, dads do a lot.

This month, we're celebrating all the incredible fathers in our Vero family and encouraging them to prioritize their health too. When you feel your best, you can show up even better for the people who count on you most.



KEEP YOUR JOINTS MOVING THIS SUMMER

Summer is the season for movement. Hiking trails, bike rides, pickleball games, kayaking trips, and weekends spent outdoors are all much more enjoyable when your joints are moving well and feeling strong.

Keeping your joints healthy means more than just avoiding pain. Proper movement, mobility, and nervous system function all work together to help your body recover, stay active, and enjoy the activities you love. If stiffness or discomfort has been slowing you down, now is a great time to focus on supporting your body so you can make the most of the summer ahead.

SUMMER GIVEAWAY

Don't miss your chance to enter our summer giveaway! We have three amazing prizes this year and four ways to enter: Leave or update a google review, sign up for a video testimonial, refer a friend, or post a picture in your Vero shirt and tag us. Don't wait to enter; winners will be drawn on June 12.